

Biblical Postures of Worship and Praise

MOUTH

1. Shouts: **Be Glorified**

(ps. 35:27 May those who delight in my vindication shout for joy...)

* "I DELIGHT IN YOUR SALVATION!"

2. Telling of his wonders (2 slides): **Yes Lord**

ps. 9:1 I will well of all your wonders...

*TELL OF HIS WONDERS

Ps. 145:10 Your godly ones will bless you, they will speak of the glory...

Ps. 34:1 his praise will always be on my lips...

Ps 40:10 I do not conceal your love and truth...

*DO NOT CONCEAL HIS TRUTH/LOVE

3. Clapping/Shouting/Singing: **Let Everything**

Ps. 47:1 Clap your hands all you nations; shout to God with a voice of Triumph.

4. Declaring his Name(2 slides): **Prince of Peace**

Ps. 22:22 I will declare your Name to my brothers... *DECLARE HIS NAME TO EACH OTHER

Ps. 35:18 I will give you thanks in the great assembly...

HANDS

1. Blessing Others in prayer (NO SONG)

Mark 10:16 Jesus took the children in his arms, put his hands on them and blessed them.

2. Lifting Hands (Need): **I need Thee every hour / Breathe / You're all I want**

Psalms 28:2 Hear my cry for mercy as I call to You for help; as I lift my hands...

3. Lifting hands (Want): **You're all I want / I want to know You**

Psalms 88:9 I call for You everyday oh Lord; I spread out my hands as a child to you.

4. Lifting Hands (Thirst): **We are hungry**

Psalms 143:6 I spread out my hands to You; my soul thirst for you like a parched land.

5. Lifting Hands (Bless, Praise) (2 slides): **We will worship the Lamb of Glory**

Psalms 134:2 Lift your hands in the sanctuary and bless the Lord.

Psalms 63: 4 I will praise You as long as I live and in your Name I'll lift up my hands.

I HONOR/THANK YOU (50:14); I CLAIM YOU (114:3) I EXALT YOU (PS. 141:2) I Tim.2:8
I Surrender to You; I Reflect glory back to You; I RESPECT You, like a Salute/Heil; Community

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WHOLE BEINGS

1. Kneeling(2 slides): **Here I am to Worship / We fall Down**

Ps. 95:6 Come let us worship and bow down; let us kneel before the Lord our Maker.

Ps. 138:2 I will bow down towards your holy temple and will praise your Name...

*"LORD I SEE YOUR POWER; I SEE YOUR VASTNESS."

Ex. 34:8 Moses bowed at once and worshiped the Lord.

Eph. 3:14 For this reason (the grace of God shown in Jesus), I kneel before the Father.

*PICTURES OF COOPER*Refocus on the Center*—"I'M HUMBLLED AT YOUR GRACE."

2. Falling Prostrate(2 slides): **You alone**

1 Kings 18:38, 39 Then the fire of the Lord fell... When all the people saw this, they fell prostrate and cried, "The Lord, He is God!"

20x in Bible: "Fell Facedown" (Abraham, Moses, Aaron, Joshua, Disciples, Paul)

*"LORD I SEE YOUR GREATNESS; LORD I SEE MY SMALLNESS."

3. Standing(2 slides): **Let my words be few**

Mt. 17:6 A bright cloud enveloped them and a voice from heaven said, "This is my son...listen to Him." When they heard this, they fell facedown to the ground, terrified.

But Jesus came and touched them. "Get up," he said, "don't be afraid."

Ex. 3:5 The place where You are standing is holy Ground.

Psalms 119:120 I stand in awe of your Law.

4. Dancing(2 slides): **Sing like the Saved**

Psalms 150: 4 Praise Him with tambourine and dancing.

Psalms 30:11 You turned my wailing into dancing... You clothed me with joy...

*I SEE WHO I WAS, AND I SEE WHO I'M BECOMING.

Luke 10:20 Rejoice that your names are written in heaven.

Luke 6:23 Rejoice...and leap for joy, for great is your reward in heaven!

*I'VE BEEN SAVED FROM HELL! Let's party!

(Let's get the party back into the church, and the church back into the world.)